

Time	Age Class	Teacher	Course Dates	Studio	Duration	Cost	
Saturday	9.30 am	4 - 6	<b>Football</b>	Fulham FC	19th April to 24th May	Outside 60 mins	£30.00 6 wks
	10.30 am	7 plus	<b>Football</b>	Fulham FC		Outside 60 mins	£30.00 6 wks
	10.30 am	10 +	<b>Tennis</b>	Nick	26th April to 24th May	Courts 60 mins	£25.00
	11.30 am	7 - 9	<b>Tennis</b>	Nick		Courts 60 mins	£25.00
	12.30 pm	5 - 7	<b>Tennis</b>	Nick		Courts 45 mins	£21.00

**Course and Class Descriptions**

- Baby Ballet & Ballet** A fun introduction to Ballet for 3 to 4½ year olds. Older children can then progress through graded lessons leading to examinations.
- Baby Massage** Enjoy bonding time with your baby and learn a simple body massage routine you can use at home. Massage, reflexology and yoga all encourage a healthy and balanced start to life.
- Football** A fun session that gives boys and girls the opportunity to practice, improve and learn new skills with a Fulham F.C. coach.
- Funky Monkeys** Dancing, jumping around - get energetic to fab, funky, music!
- TNG** Plenty of energy? Then this is for you! A teen fitness class consisting of aerobic moves, dance choreography, stomping steps and circuits.
- Karate** Karate and self-defence is taught, not only for strength and fitness, but to build strength of character and self discipline
- Tennis** Coaching and match play sessions with Nick, our LTA qualified coach. Learn new skills and techniques, or just enjoy a game with children of the same age and ability.
- Toddlers Funtime** Bouncy castle, soft play and trikes. An action packed session for 6 months to 5 years requiring parent/ carer supervision.
- Tots Cookery** A structured, but fun introduction to cookery for 2 to 5 year olds. Parents and carers are required as Assistant Chefs.
- Theatre Bugs** Join us in our new adventures as we explore this term's theme

# fun for children

junior programme **Spring 2008**  
all classes start week beginning Monday 21st April

## YMCA Hawker Centre

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Kingston  
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working in partnership with the  
Royal Borough of Kingston

# Under 5's

# Courses & Pay As You Go

# Over 5's

	Time	Age	Class	Teacher	Course Dates	Studio	Duration	Cost
Monday	11.30 am	Under 5's	Toddlers Funtime	Angela	PAYG	MH	75 mins	£3.20
	1.30 pm	3 - 4½	Baby Ballet*	Nicola	21st April to 19th May (excluding 5th May)	S1	30 mins	£16.80 4 wks
	2.00 pm	3 - 4½	Baby Ballet*	Nicola		S1	30 mins	£16.80 4 wks
	2.30 pm	3 - 4½	Baby Ballet*	Nicola		S1	30 mins	£16.80 4 wks
4.00 pm	4 & 5	Theatre Bugs**	Theatre Bugs	Ask at Reception	S1	60 mins	Call t/bugs	
Tues	11.00am	6 wks Until active crawlers	Baby massage***	Lynnea	29th April to 27th May	Studio 2	60 mins	
Wednesday	9.30 am	Under 5's	Toddlers Funtime	Debbie & Angela	PAYG	MH	75 mins	£3.20
	11.00 am	Under 5's	Toddlers Funtime	Debbie & Angela	PAYG	MH	75 mins	£3.20
Thursday	9.30 am	3 - 4½	Baby Ballet*	Nicola	24th April to 22nd May (excluding 8th May)	S1	30 mins	£16.80 4 wks
	10.00 am	3 - 4½	Baby Ballet*	Nicola		S1	30 mins	£16.80 4 wks
	1.15 pm	2½ - 5	Tots Cookery	Victoria	24th April to 22nd May	Crèche	60 mins	£28.50 5 wks
Friday	9.30 am	Under 5's	Toddlers Funtime	Debbie & Angela	PAYG	MH	75 mins	£3.20
	11.00 am	Under 5's	Toddlers Funtime	Debbie & Angela	PAYG	MH	75 mins	£3.20

\* Ballet courses may vary in price due to some classes being cancelled last term

\*\* Call Theartrebugs for more information 0207 350 2995

\*\*\* Call Lynnea for more information on Baby Massage 07908 748 187

	Time	Age	Class	Teacher	Course Dates	Studio	Duration	Cost
Monday	4.00pm	6 - 8	Theatre Bugs**	Theatre Bugs	21st April to 14th July	S1	90 mins	Call t/bugs
	4.00pm	Pre-primary	Junior Ballet*	Nicola	22nd April to 8th July	MH	30 mins	£46.20 11 wks
Tuesday	4.15pm		Fulham football	FFC	PAYG	Outside	60 mins	£4.70
	4.35pm	Pre-primary	Junior Ballet*	Nicola	22nd April to 8th July	MH	30 mins	£46.20 11 wks
	5.10pm	Grade III	Junior Ballet*	Nicola		MH	40 mins	£49.50 11 wks
	5.55pm	Grade III	Junior Ballet*	Nicola	(excluding 27th May)	S1	45 mins	£49.50 11 wks
	6.45pm	Grade V	Junior Ballet*	Nicola		S1	60 mins	£60.50 11wks
Wednesday	3.45pm	5 - 8	Funky Monkeys	Debby	PAYG	S1	45 mins	£3.20
	4.30pm	8 - 12	Funky Monkeys	Debby	PAYG	S1	45 mins	£3.20
	5.15pm		Tap Dance & Teen NRG	Debby	PAYG	S1	75 mins	£5.50
	7.00pm	6 +	Karate	Sat	PAYG	MH	60 mins	£4.20
Thursday	4.00pm	Primary	Junior Ballet*	Nicola	24th April to 10th July	S1	40 mins	£40.50 11wks
	4.45pm	Grade 1	Junior Ballet*	Nicola		S1	40 mins	£40.50 11wks
	3.45pm	Beginners 4yrs	Tennis	Nick	24th April to 22nd may	Courts	30 mins	£17.50
	4.15pm	4-5yrs	Tennis	Nick		Courts	45 mins	£21.00
	5.00pm	5-7yrs	Tennis	Nick		Courts	45 mins	£21.00
	5.45pm	7-10yrs	Tennis	Nick	Courts	60 mins	£25.00	
	5.30pm	Grade II	Junior Ballet*	Nicola	24th April to 10th July	S1	40 mins	£45.00 11wks
6.15pm	Grade III	Junior Ballet*	Nicola	S1		40 mins	£45.00 11wks	
Friday	4.00pm	5 - 7yrs	Tennis	Nick	25th April to 23rd May	Courts	45 mins	£21.00
	4.45pm	7—9yrs	Tennis	Nick		Courts	60 mins	£25.00
	5.45pm	10 +	Tennis	Nick		Courts	60 mins	£25.00